

MGA ABBING KONTRA COVID₁₉

MAKULAYAN INGA LIBRU

Itawes



PHILIPPINE SCIENCE HIGH SCHOOL

Western Visayas

N O T F O R S A L E

MGA ABBING KONTRA COVID₁₉

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Itawes - Unna nga Edisyon



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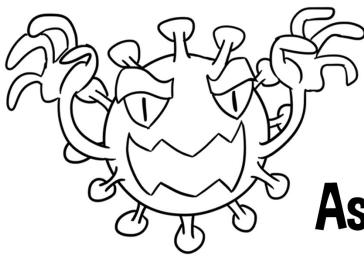
Ngammin pammakakwa nereserba. Yo libru nga yaw antare damiski hanna parte na eh mari pwede maimprenta o nu meusa nu awan yo naiturak nga permision yo nangiturak.

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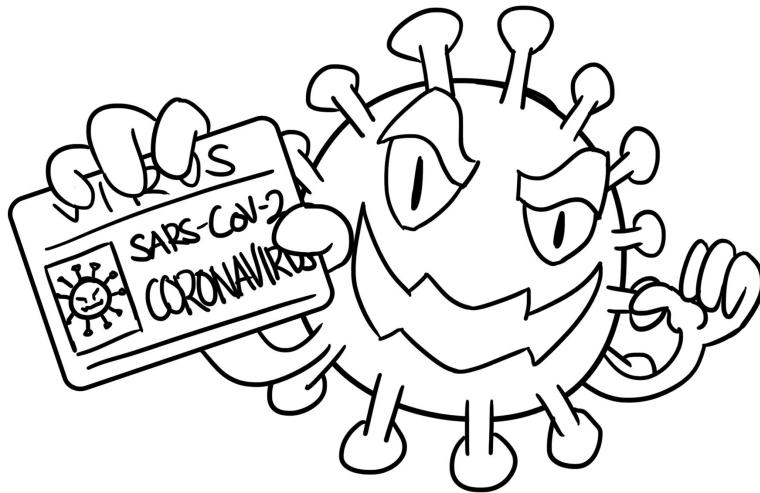
Asunto kanyaw nga libru:

Yo libru nga yaw pinanday para kanyo anak antare manak ira. Megafu chaw nga libru, paray hinan nga mantindyan yo anak ira yo asunto kanyo virus. Kanjo anuldu tera kannira, paray hinan ta moffunan yo anak ira. Kayat mi peba nga yo anak ira eh mantindyan da nga nyan pwede da nga kwan maski abbing da peba. Antare, kanyo naziyat nga tyempo, yaw nga libru eh mangiangay hinan kang ayat antare pag-aso kang ngammin nga tottolay.

Para kang Manak antare Mannakam:

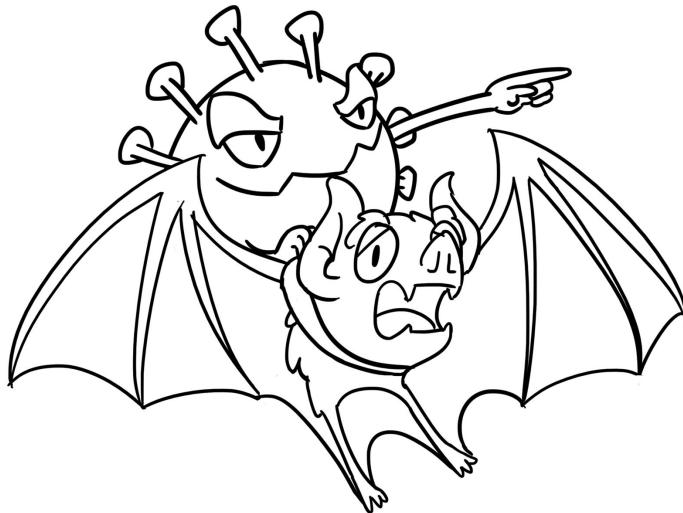
Yaw nga libru eh mangiwaragawag lamang kang imformasyon. Mas nakasta nga bibbigan nu labbit ngammin yo naddyan na lige nu ipabibbig kanyo anak ira. Mangivut kayu kang eksperto ira nu nyan medical antare psychological nga problema yo anak nu.

Yaw yo Coronavirus.



Iggina yo gafu yo takit nga COVID-19.

**Nekkahi yo scientists ira nga passimwan
mu kanyo kalambag yo Coronavirus.**



Kakayat yo coronavirus nga malaalit kang tottolay ira megafu kang ikag, kakabbanan antare pattammit.

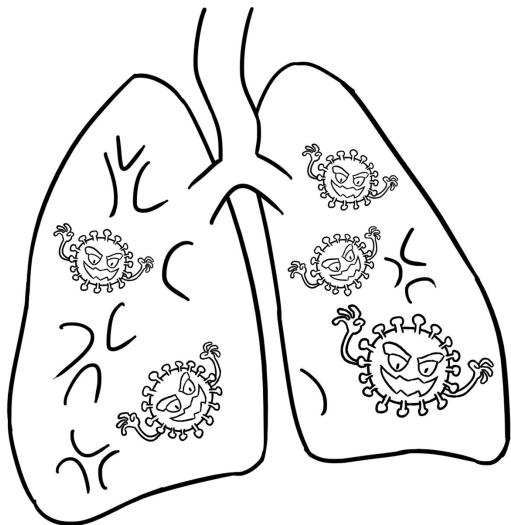


Kakayat yo Coronavirus nga madyan kang tolay!



**Nu makatallung iggina kang unag
baggi yo tolay, kannay iggina umaru.**

Sonu balin na nay, mewarak iggina cho baha.



**Sonu kwa, mamegafu ka nga makkulikug, makkafi,
antare mekag kang durante duwa ligwan.**



IKAG



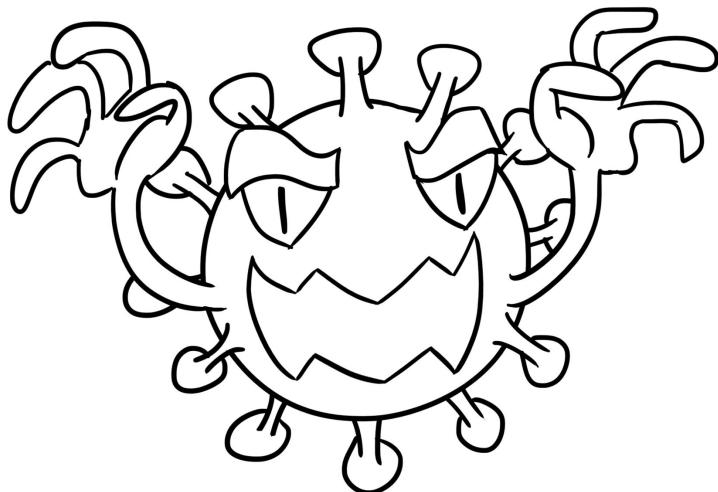
KULIKUG



BANNAG

**Sonu talga matakit kan, maziyyatan
ka nga mangangat.**

Mavurung ka ba cho coronavirus?



0ON

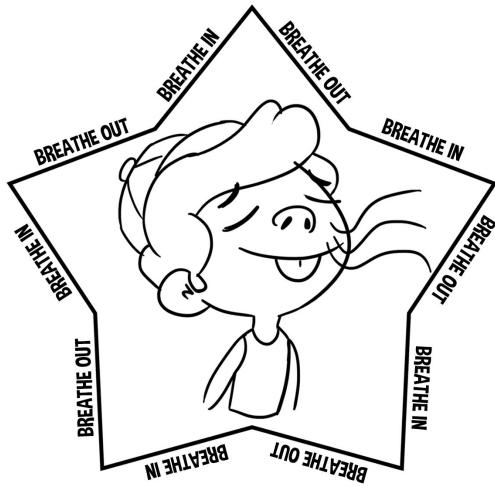
AWAN

Marim mavurung!



**Dyu ra pwedem kwan se maffut yo
Coronavirus.**

Purbam mo yaw nga aggangangat nga manguffun nikaw nga mapakalma.



Mamegafu ka cho isa nga aggig yo star nga namarkahan kang "Breathe in".

Ganatan mu kang kuramem yo aggig yo star kanyo maddaraggun nga mangangat ka.

Nu makakaddet ka kang naddatanan yo linya, memmang ka nga mangangat.

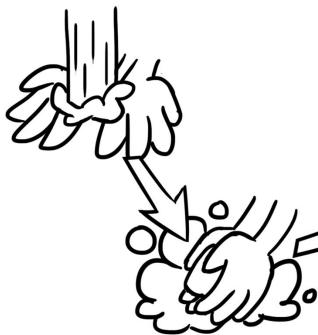
Ganatan mu yo tangapingit nga aggig kanyo maddaraggun pangilawan mu kang
aggangangat mu.

Ululyan mu yaw addet mabuu ne star.

**Baggawan mu yo imam kang danum
antare savun kang 20 segundo.**

Gangwam mu yo lima nga prosesong yaw:

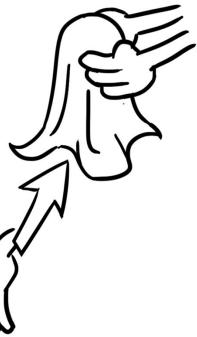
1. BASAN



3. PAKKALUGGURAN



5. FUNATAN



2. PAGUWAKAN

4. BARNAWAN

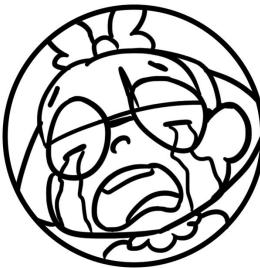
**Su siguradu nga nanayun yo nepabbagum cho
imam, mamidwa nga kansyonan mu yo "Happy
Birthday".**

**Ta pwede meangin yo virus nu nyan mekag o
makkakabbanan, umarayyu ka kang 6 dagan cho iba nga
tolay senu mari makakaddet kannikaw.**

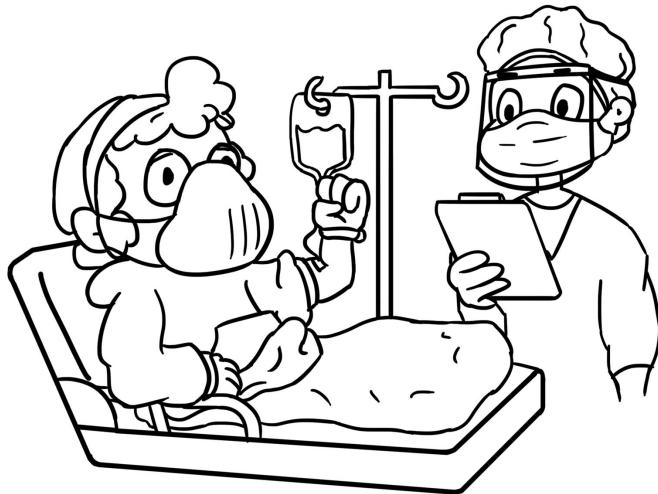


**Nu mallawan ka, kanayun nga mangiusa ka kang face
mask. Marim tammitan o nu umaranni kang tanakwan
ira. Kayat na kayan, marim pwede tatammitan o nu
gagatan ira.**

**Hanna yo matenappan mu nu
makagina ka kang asunto Covid-19?**



**Marim mavurung ta aru yo nakkatakit
kang COVID-19 nga nammapya pelaman.**



**Yo doktor antare nars ira eh mattrabahu
kang mapya para kang mattakit ira.**

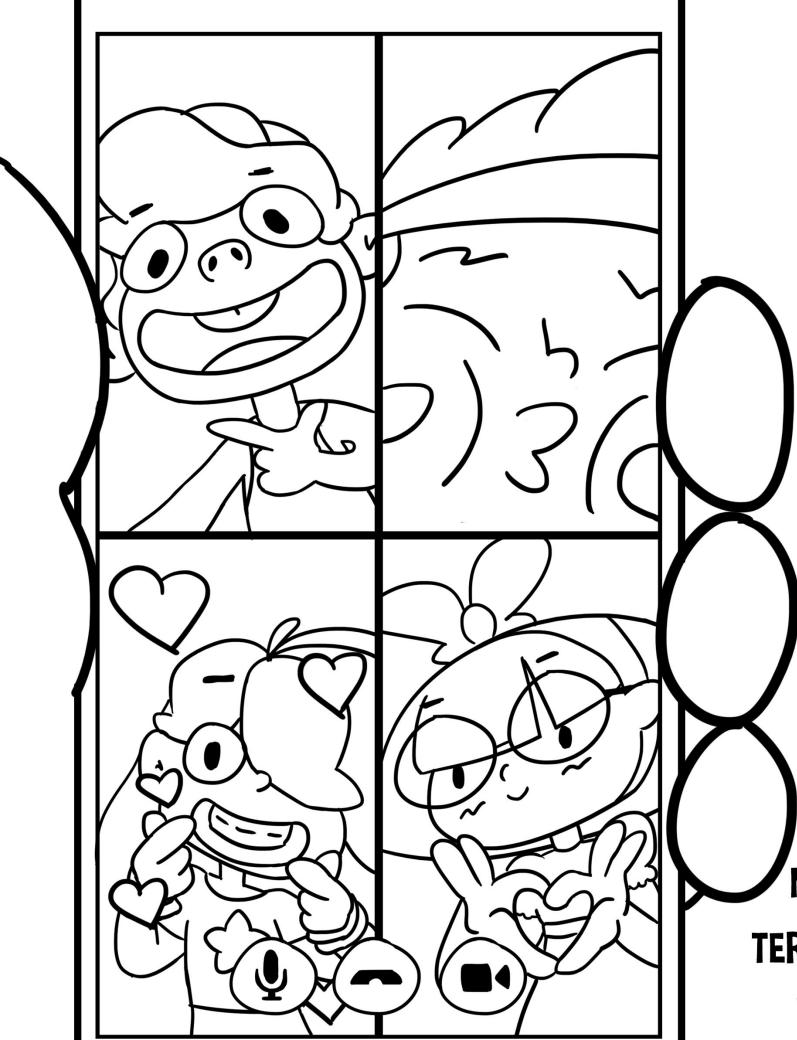
**Maddaggun nga mattaful yo siyentista
ira kang bakuna yo coronavirus!**



**Marim kalippanan nga aru
mammahal kannikaw cho palibot mu.**



**Nyan lang chan yo mahal mu ira! Nu duma
gawgawayan mu, umang ka mappauffun nira.**



**NU MAVVURULUN
TERA, MAFFUT TERA
YO CORONAVIRUS**

Yo nangalakan:

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Disclaimer: Kanayun mabbahu yo ammu tera cho COVID-19. Yo impormasyon cho libru nga yaw eh nalak kanya article ira nga nyan kang Hulyo 15, 2020.

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